

PODCASTING: What's That?

It may sound complex, but subscribing to a podcast is simple. It's really just a way to automatically download audio or video files that you can then listen to on your computer, on your iPod or another portable media player.

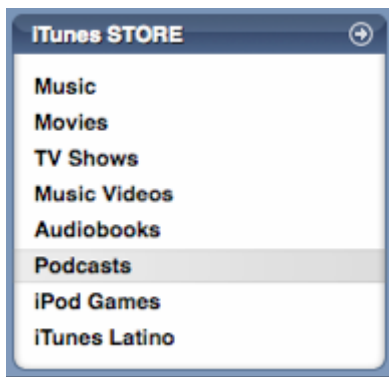
All you need to do is "subscribe" to a podcast and you'll receive new content whenever it's updated. Here's how it works:

1. Install iTunes (it's free)

iTunes is a free program from Apple that allows you to organize and buy music, but it also allows you to subscribe to podcasts. You can download it directly from Apple's website: <http://www.apple.com/itunes/>

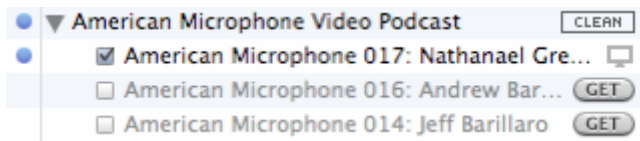
2. Subscribe

Next, subscribe to a podcast. On Colorado Ridge's site, click on the subscribe button OR go to iTunes' music store and select "Podcasts". You can search Colorado Ridge and add our podcast manually.



3. Download

As soon as you subscribe to a podcast, the latest message will automatically begin downloading and you will see previous messages listed (but greyed out). If you'd like to download previous messages, simply hit the "get" button next to their name.



4. Sync (optional)

If you'd like to listen to messages on your iPod, sync the podcast using iTunes. You can manually sync specific messages or adjust the settings for podcasts to automatically sync all new messages as they're downloaded.

For more information on podcasts, try these resources:

Wikipedia: <http://en.wikipedia.org/wiki/Podcasting>

Apple: <http://www.apple.com/itunes/store/podcastsfaq.html>